

To all students

Executive Director/Vice President for Education and International Affairs  
Executive Director/Vice President for Student Support and Public Relations

### **Covid-19 Vaccination Considerations for Those Involved in Onboard Research or Training**

Covid-19 vaccines are highly effective in preventing the disease's onset and can prevent symptoms from becoming severe. In Japan, the government advises prompt vaccination to help prevent infection.

The university also recommends prompt vaccination for students who have made this decision after learning about vaccine efficacy and potential side effects.

Before vaccination, students who will be involved in onboard research or training (especially if this is a requirement for obtaining certification or qualification) should note the following.

1. Fever is a potential side effect of vaccination. This is said to be more common among young people. Be aware that because it is difficult to distinguish a fever caused by vaccination from a fever caused by infection, students with a fever may not attend classes until they have recovered.

Again, even if a fever is a side effect of vaccination, the affected student may not attend in-person classes or other activities for eight days, starting on the next day. Accordingly, students who wish to be vaccinated should do so at least 10 days before any onboard research or training begins.

2. Be aware of the period between vaccinations, which is at least three weeks between the first and second dose of the Pfizer vaccine and at least four weeks between the first and second dose of the Moderna vaccine.

Students may attend classes such as training between the first and second vaccination. However, keep in mind point #1 above, and be sure to schedule your first and second vaccination on days when you will be ashore.

#### **For reference:**

Coronavirus information is available on the following webpages.

- Covid-19 Vaccines, Ministry of Health, Labour and Welfare  
<https://www.mhlw.go.jp/stf/covid-19/vaccine.html>
- Covid-19 Q&A, Ministry of Health, Labour and Welfare  
<https://www.mhlw.go.jp/stf/covid-19/qa.html>

